

Health and Safety Flashcards

The organ in which fetal development takes place

Estrogen

Androgen

3 month developmental stages of pregnancy

Anorexia Nervosa

CDC

OTC

430,000 deaths per year

Female Hormone

Uterus

Trimesters

Male Hormone

Center for Disease
Control

Disease of self-
starvation- probably the
best known eating
disorder

Smoking-Related illness

Over the Counter

FDA

Supplement that is used
to enhance athletic
performance

Reye's Syndrome

Hypoallergenic

Types of rays in a
tanning bed

Premature aging of the
skin due to excessive
exposure to tanning

The most important
safety precaution when
being tattooed

FDA

Creatine

Food and Drug
Administration

Does not cause an allergic
reaction

Damages different parts
of the body, mainly
affecting kids ages 3-12

Photoaging

UV

Cosmetics, Tattooing,
Food, OTC, Prescriptions
Drugs, and many other
products in the U.S.

Latex Gloves

Low Calorie

Salmonella

EDAP stands for...

Substances that control
osmosis in the body are
known as...

Bulimia Nervosa

High Protein

Low Fat

Low Sodium

Bacteria which causes
food Poisoning often
present in eggs and
poultry

120 calories or less per
100 gram serving

Electrolytes

Eating Disorders
Awareness and Prevention

At least 10 grams of high
quality protein per serving

Eating disorder
characterized by
bingeing and purging

Less than 140 mg of
sodium per 100 gram
serving

Less than 3 grams of fat
per 100 gram serving